

Off We Go with the Park District



February cont.

Sit back and relax and travel with us as we plan ahead for some exciting adventures for 2010. We will be visiting the International Quilt Festival in Chicago on Saturday, April 17. Join us as we travel to the Donald E. Stephens Convention Center in Rosemont, IL to attend the **World's Fair of Quilts. View quilts from around the world and peruse the more than 100** classes offered throughout the day. Learn about machine piercing, quilt finishing, painting, printing, dyeing, scrap quilting and more. We will leave the Watseka First Christian Church at 8:00 a.m. and return at 6:00 p.m. The cost for this trip which includes transportation and entry to the show is \$55.00.

We are also planning a trip to see the Best Musical for 2009, Billy Elliot the Musical on Wednesday, June 16. **Based on the smash hit film, this inspirational story is about a boy's dream to realize his ambitions against all odds and pursue his passion for dance while avoiding his family's disapproval. All of this emotion set to music composed by Elton John. We will depart the Watseka First Christian Church at 11:00 a.m. and return at 8:00 p.m. Don't miss this opportunity for lower balcony seating at the beautiful Oriental Theater in Chicago for \$89.00 per person.**

We are planning a trip to the Cadillac Palace in Chicago to see great dancing, beautiful scenery **and everyone's favorite ogre** Shrek the Musical on Saturday, August 21. This production is guaranteed to be enjoyed by everyone no matter their age. We will leave the Watseka First Christian Church at 11:00 a.m. and return at 8:00 p.m. Lower balcony seating and transportation is \$115.00 per person.

Seating is limited, reserve your space today and leave the driving to us!

Coffee with Cupid
Dates: Feb. 12 Friday
Time: 10:00-11:00 a.m.
Ages: Seniors
Location: Watseka Park District
Registration deadline: Please call and RSVP
Course Fee: None
Description: Join us for a cup of coffee and some old fashioned Valentine information. No fees just a relaxed morning break.

Fitball Classes
Dates: Feb. 15-March 25 Monday and Thursdays
Time: 6:15-7:00 p.m.
Ages: Adults
Location: Watseka Park District
Registration deadline: Feb. 12
Course Fee: \$35.00 In-district \$42.00 Out-of-District
Instructor: Lynn Canady
Description: Join our returning instructor in this energized opportunity to workout with the large Fitball and improve strength, stamina and balance. Dress comfortably and bring a set of weights to class.

Make Your Own Movies at Home
Dates: Feb. 17 Wednesday
Time: 6:00-8:00 p.m.
Ages: Adults
Location: Watseka Park District
Registration Deadline: Feb. 15
Course Fee: \$25.00 In-district \$35.00 Out-of-District
Instructor: Chris Meredith, Tech Zone
Description: If you have Windows Vista on your laptop-you have Windows Movie Maker. Bring your laptop to class and learn how to: Import photos from a folder or CD; add effects, transitions, create title and credit pages, add music and save it to a CD to take home. (Bring photos on a CD) Space is limited.

January

Upper Body Strength Ladies Only
Dates: Jan. 11-Feb 3 Mondays and Wednesdays
Time: 6:15-7:00 p.m.
Ages: 18 and older
Location: Watseka Park District
Registration deadline: Jan. 11
Course fee:\$32 In-district \$37 Out-of-District
Instructor: Laura McDivitt
Description: Bring your dumbbells and a resistance band and improve your upper body strength and tone.

Cardio Circuit Ladies Only
Dates: Jan. 11-Feb 3 Monday and Wednesdays
Time: 7:15-7:50 p.m.
Ages: 18 and older
Location: Watseka Park District
Registration deadline: Jan. 11
Course fee:\$32 In-district \$37 Out-of-District
Instructor: Laura McDivitt
Description: Cardio circuits with recovery built in to improve the cardio respiratory system and to lose weight.

Lower Body Strength Ladies Only
Dates: Jan. 12-Feb. 4 Tuesdays and Thursdays
Time: 6:15-7:00 p.m.
Ages: 18 and older
Location: Watseka Park District
Registration deadline: Jan. 12
Course fee:\$25 In-district \$30 Out-of-District
Instructor: Laura McDivitt
Description: Bring ankles weights and a mat and prepare to improve your lower body strength and tone.

Fun with Finger Paints
Dates: Jan. 12-26 Tuesdays
Time: 10:00-11:00 a.m.
Ages: 3-5
Location: Watseka Park District
Registration deadline: Jan. 11
Course fee:\$20 In-district \$25 Out-of-District
Instructor: Julie Kunce
Description: Children will be introduced to painting with shaving cream, mixing colors and creating a take home project.

The ice rink is filled at Lakeview Park. Keep an eye on the weather and enjoy skating with family and friends.

CSI Classes for Kids
Dates: Jan. 14-Feb. 4 Thursdays
Time: 5:00-6:00 p.m.
Ages: 8-11
Location: Watseka Park District
Registration deadline: Jan. 11
Course fee:\$30 In-district \$37 Out-of-District
Instructor: Miss Mindy
Description: Try your hand at crime scene investigation experiments and sleuthing with our very own make believe crime scene. Very realistic.

Making Messes
Dates: Jan. 19 Tuesday
Time: 5:30-6:30 p.m.
Ages: 5-10
Location: Watseka Park District
Registration deadline: Jan. 18
Course fee:\$7 In-district \$10 Out-of-District
Instructor: Miss Mindy and Sherry
Description: Children will enjoy the opportunity to let their creativity shine making chalk, clean mud, flubber and more!

February

Groundhogs and More
Dates: Feb. 2 Tuesday
Time: 5:30-6:30 p.m.
Ages: 4-8
Location: Watseka Park District
Registration deadline: Feb. 1
Course fee:\$7 In-district \$10 Out-of-District
Instructor: Miss Mindy and Sherry
Description: **Let's explore the underappreciated lives of** groundhogs, chipmunks, ground squirrels, mice, voles and other rodents that share common traits.

Tumbling
Dates: Feb. 6-27 Saturdays
Time: 9:00-10:00 a.m.
Ages: 4-12
Location: Watseka Park District
Registration deadline: Feb. 4
Course fee:\$40 In-district \$50 Out-of-District
Instructor: Cathy Carter
Description: **Join us as we continue our children's tumbling** program and allow for new participants as well. Children build strength and coordination through tumbling.

Don't forget about our Birthday Party Packages and room rentals. Graduations are just around the corner.

March

Fancy Nancy Time for Tea
Dates: March 13 Saturday
Time: 1:00-3:00 p.m.
Ages: 4-8
Location: Watseka Park District
Registration Deadline: March 8
Course Fee: \$12.00 In-district \$16.00 Out-of-District
Instructor: Miss Mindy Manners
Description: Join us for a tea party Fancy Nancy style with manners, tea sandwiches, crafts and more.

Babysitter Training
Dates: March 20 Saturday
Time: 9:00-5:00 p.m.
Ages: 11-15
Location: Watseka Park District
Registration Deadline: March 12
Course Fee: \$50.00 In-district \$62.00 Out-of-District
Instructor: Sherry Johnson
Description: Join us for the American Red Cross Babysitting Class. Participants will learn the basic skills needed for safe and effective babysitting as well as basic first aid procedures. CPR certification is *not* part of this class.

Easter Egg Decorating
Dates: March 26 Friday
Time: 3:00-4:30 p.m.
Ages: 6-11
Location: Watseka Park District
Registration Deadline: March 22
Course Fee: \$7.00 In-district \$11.00 Out-of-District
Instructor: Sherry Johnson
Description: Join us as we create a variety of Easter decorations. We will be making wet felted Easter Eggs and decorated blown eggs. All projects will go home at the end of the program.

Tennis and swim team registrations will be out in April. Keep an eye on our website for more information and registration.

ED's Corner...

On behalf of the Watseka Park District staff and Board of Directors...Happy Holidays and a very Happy New Year! We look forward to your participation in 2010.

Sherry Johnson, ED

Participant's Name: _____ Age: _____ Grade: _____ T-shirt size if applicable: YS YM YL AS AM AL AXL
**Please be sure of the shirt size, additional t-shirts or replacement t-shirts will be at the participant's expense.*

Parent's/Guardian's Name: _____ Street Address: _____ City: _____

Zip: _____ Home Phone Number: _____ Work Phone Number: _____ Cell Phone Number: _____

Email Address: _____ Program: _____

Would you be willing to coach a team or assist with a program? _____ Amount Enclosed: _____

Emergency Contact: _____ Emergency Phone Number: _____ Medical Conditions: _____ Allergies: _____

The Watseka Park District takes photos which may or may not be published in the newspaper or in other park district publications. By signing below, you authorize your consent to have the participant photographed and agree that the photograph may be published. The Watseka Park District and its affiliates will not be held responsible for any injury or accident which occurs during the participant's engagement in the above activity. **As the parent/guardian, I realize that I am responsible for my child's behavior during this activity.**

Participant's Signature (if over 18): _____ Date: _____

Parent's/Guardian's Signature: _____ Date: _____

Please be sure to fill in the entire registration form. It will help us process your registration faster. Any questions contact the park district at 815-432-3931.